



## MINI-CAMP & SABLA GØY! ACTIVITIES TIMETABLE 11-15 OCT. 2017

All Nordic sabre kids are very welcome to any of the fencing sessions and other activities in this timetable. All holiday club fencing activities are in the Idda Fencing Hall (not the Idda Main Hall) unless otherwise specified.

Please feel free to email or telephone Sabla Gøy! Activities Leader Nicolai Amador, Krs FK, with any queries. Contact details below.

Date	Time & Activity	Notes
Wed 11 Oct	<p><u>17-1830</u>: Children`s sabre session with Guest Coach Nandor Balla from Törökbálint Fencing Club, Hungary</p> <p><u>1845-2030</u>: Krs FK club session sabre and foil, for youth and adults, with Guest Coach Nandor.</p>	The children`s session is mainly for those born 2004-2007. Coach Nandor`s students may join both sessions.
Thur 12 Oct	<p><u>11-13</u>: Open fencing session with Coach Nandor and visitors.</p> <p><u>Afternoon/ evening</u>: Activity to be agreed with Nicolai and Nandor.</p>	All ages welcome, there will be Krs FK fencers, 5 fencers from Nandor`s club plus a few from other clubs.
Fri 13 Oct	<p><u>11-13</u>: Open sabre fencing session with Coach Nandor and visitors</p> <p><u>16-1730 (Idda Main hall)</u>: 15-20 mins individual lessons with Guest Coach Nandor</p> <p><u>19-2030</u>: Open sabre fencing session with Nicolai</p>	<p>All ages welcome, there will be Krs FK fencers, 5 fencers from Nandor`s club plus a few from other clubs.</p> <p><b>Equipment control 18-2030 in Idda Main Hall</b></p>
Sat 14 Oct	<p><u>U13 (b. 2005-06) Sabla Gøy! Tournament</u></p> <ul style="list-style-type: none"> <li>• Equipment Check (if not done on Friday): 07-08, or as agreed with Nicolai</li> <li>• <b>Check-in: 0915-1015</b></li> <li>• <b>Start: 1045</b></li> </ul> <p><b>1855 City Hall Reception (1900-2000)</b></p> <p><u>Approx. 2015</u> - Optional group dinner at Glipp Restaurant, Rådhusgt. or Peppes Pizza, Gyldenløvesgt. See email about signing up.</p>	NB. children b. 2004 can on Saturday 14 Oct choose to fence in the Sabla Gøy tournament instead of NSC Cadet U17. They cannot do both.

<p>Sun 15 Oct</p>	<p>Optional activities if not watching fencing:</p> <p><u>Aquarama</u> Water Park: Sunday opening hours: 10-18</p> <p><u>Open fencing session</u> with Nicolai in Idda Fencing Hall (not the main hall): 11-1230</p> <p><u>City Forest OR Odderøya Lighthouse Hike</u> Start from Idda 1100 - finish near Yess! Hotel around 1230. Sign-up by email or telephone to Nicolai Amador latest Friday 13 Oct.</p> <p><u>Ice skating at Idda Ice Rink</u>: Sunday opening hours: 15-18</p>	<p><u>PRICES:</u></p> <p><u>Aquarama</u> - <a href="http://www.aquarama.no">www.aquarama.no</a></p> <p><a href="https://www.visitnorway.com/places-to-go/southern-norway/kristiansand/listings-kristiansand/aquarama-bad-waterpark/89810/">https://www.visitnorway.com/places-to-go/southern-norway/kristiansand/listings-kristiansand/aquarama-bad-waterpark/89810/</a></p> <p>Entry ticket: Youth under 16: NOK 165 Over 16/ adult: NOK 199</p> <p><u>Idda Ice Skating</u> Entry and rental of ice skates &amp; helmet: Children/ Youth (under 18): NOK 85 Adults: NOK 110</p>
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## SABLA GØY! ACTIVITIES CONTACT INFORMATION

Nicolai Amador, Krs FK  
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## OTHER INFORMATION

Host Club: Kristiansand Fektekklubb: [www.krsfencing.com](http://www.krsfencing.com) , [www.krsfekting.wordpress.com](http://www.krsfekting.wordpress.com)

Fencing venues: Idda Fencing Hall and Idda Main Hall, Møllevannsveien 36, 4616 Kristiansand, tel. +47 380 75 411

### Shopping:

Main pedestrian shopping street is "Markens"/ "Markensgate". General shop opening hours: weekdays 10-18, Sat 10-16, Sun closed.

### Shopping centres:

- Sandens, corner of Tollbodgata/ Markens, weekdays 09-20, Sat 10-18
- Slottet, corner Tordenskjoldsgate/ Markens, weekdays 09-19, Sat 10-17

## NSC and Sabla Gøy! U13 Timetable (updated 9 Oct 2017):

SAT 14 OCT	CHECK-IN	START	SUN 15 OCT	CHECK-IN	START
Senior Men/ Women	0715-0815	0845/ 0900	Juniors U20 Men/ Women	0715- 0815	0845/ 0900
Cadet U17 Boys	0715-1300	1330	Veterans	0715- 0945	1015
Cadet U17 Girls	0715-1245	1315	U15 Girls/ Boys	0715- 1115	1145/ 1200
Finals: Senior Women		1300	Team Senior Men/ Women	1230- 1330	1400/ 1415
Finals Senior Men		1315	Finals: Veterans		1230
Finals U17 Girls		1645	U20 Jr Women		1315
Finals U17 Boys		1700	U20 Jr Men		1330
City Hall Reception for all fencers, families and guests by special invitation		1855 for 1900 start	U15 Girls		1400
			U15 Boys		1445
			Team Sr Men		1645
			Team Sr Women		1600/1700

NB. SCRATCH at close of Check-In.

### SABLA GØY! U13 TOURNAMENT

SAT 14 OCT	CHECK-IN	START	
Boys and Girls born 2005-2006 (U13)	0915- 1015	1045	Open competition for children born 2005 and 2006 with prizes for all participants. Not a Nordic Championships category due to restrictions in the Norwegian Children Sports Regulations: <a href="https://www.idrettsforbundet.no/tema/barneidrett/">https://www.idrettsforbundet.no/ tema/barneidrett/</a>
Final Medals/ prizes		1400 1430	

### ENTRY FEE

- Sabla Gøy! U13 Tournament: EUR 25/ NOK250
- Holiday Club: free of charge (fencing sessions)

### EQUIPMENT (U13 TOURNAMENT AND HOLIDAY CLUB)

Minimum 350N mask and uniform with FIE 800N plastron (or FIE 800N jacket with 350N plastron). Girls must wear chest protectors. FIE blades, FIE sabre glove not required.

### EQUIPMENT CONTROL (TOURNAMENT ONLY)

- Mask, lamé and sabre glove will be tested at the Equipment Control desk at venue.
- Opening hours: Fri 13 Oct: 1800-2030, Sat 14 Oct/Sun 15 Oct: 0700-0800

### NORDIC CHAMPIONSHIPS AGE CATEGORIES

NFU/ NF rules, adapted to allow fencing 1-2 classes above own age category, time schedule permitting:

Category (2017/18 Season)	Birth Year Range	Age	Nordic Champion (Medal and Title)	Competition Medal
Senior	<1998-2002	20+, min. 15	Yes, if NFU nationality and min. 6 starters	Yes, if Nordic Medal not given
Junior U20	1998-04	19-13		
Cadet U17	2001-04	16-13		
U15	2003-04	14-13		
Veteran	1968-77, 1958-67, 1948-57, 1947 and before	40-49, 50-59, 60-69, 70-		
Senior Team	<1998-2002	20+, min. 15	Yes, if NFU team and min. 4 teams (NFU or Mixed)	Yes, if Nordic Medal not given